

# Personal packing list



## Personal packing list

54 items

What each crew member packs for themselves.

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### Documents & money

- ☐ Passport or ID card  
Check it is still valid!
- ☐ Visa  
Depending on the destination.
- ☐ Vaccination certificate  
Depending on the destination.
- ☐ International health insurance or insurance card
- ☐ Sailing licences  
If you have them / if you are the skipper.
- ☐ Radio certificate  
If you have it / if you are the skipper.
- ☐ Sea miles logbook  
If you have one.
- ☐ Driving licence  
For a scooter or car ashore.
- ☐ Flight or train ticket
- ☐ Credit card / debit card
- ☐ Cash for the boat kitty  
In local currency.

### Clothing (layers)

- ☐ Oilskins or a softshell/rain jacket and trousers  
Depending on the area and the weather expected.
- ☐ Fleece or wool jumper  
Nights are cool even in summer.
- ☐ Tracksuit bottoms or comfortable long trousers  
For cool evenings on board.
- ☐ T-shirts  
Quick-drying, with UV protection.
- ☐ Shorts
- ☐ One pair of hard-wearing long trousers
- ☐ Long-sleeved UV shirt or thin neoprene top  
On board or for swimming and snorkelling.
- ☐ Underwear
- ☐ Socks
- ☐ Pyjamas
- ☐ Deck shoes  
Non-slip, with a light sole that does not mark the deck.
- ☐ Flip-flops  
Also for the harbour showers.

- ☐ **Water shoes**  
For swimming over rocks and sea urchins.
- ☐ **Sailing gloves**
- ☐ **Cap or sun hat with a clip or cord**  
So it does not blow away.
- ☐ **Sunglasses + retainer cord**  
Polarised.
- ☐ **Swimwear**  
At least two sets so you can change.
- ☐ **One outfit for going ashore**  
Something smarter for a restaurant.

## Hygiene & health

- ☐ **High-factor sunscreen**  
Biodegradable, and not a spray bottle.
- ☐ **After sun**
- ☐ **Lip balm with SPF**
- ☐ **Shower gel / shampoo**  
Biodegradable.
- ☐ **Toothbrush & toothpaste**
- ☐ **Wash bag**
- ☐ **Microfibre towels**  
Dry fast and save space.
- ☐ **Bath towel**
- ☐ **Personal medication**  
In your hand luggage!
- ☐ **Seasickness remedy**
- ☐ **Earplugs**  
Snoring neighbours, halyards slapping.

## Sleeping

- ☐ **Sleeping bag or bed linen + sheet**  
Check beforehand whether the charter company provides them.
- ☐ **Pillow if needed**  
Not always on board.

## Tech & other

- ☐ **Phone + charger**
- ☐ **Headphones**
- ☐ **Power bank, plus a 12V adapter if needed**  
Shore power is usually only available in harbour.
- ☐ **Head torch or torch + spare batteries**  
Ideally with a red-light mode.
- ☐ **Dry bag / wet bag for dinghy trips and the beach**
- ☐ **Waterproof phone case**
- ☐ **Small rucksack for trips ashore**
- ☐ **Pocket knife / multi-tool**

- ☐ Diving mask, snorkel and fins if you want them
- ☐ Books / e-reader
- ☐ Music and films downloaded for offline use
- ☐ Laundry bag for dirty clothes